

**Morning Offering:** O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day, for all the intentions of Thy Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the reunion of Christendom and for the Holy Father's intentions of this month. **March: Prayer intention for evangelization - Catholics in China.** We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

Those who help prepare for and present the Mass each weekend:

**Masses** Mar. 7, 4:30pm Saturday                      Mar. 8, 8:00am Sunday  
**Readers:** Water Carroll & Mary Ridgell              Joe Spelz & Rhea Cosgrove  
**EM of E:** n/a    Barbara Bowman & Joseph Dziewit  
**Ushers:** M. MacDonald, B. Ridgell & B Tarleton    L. Dean, H. Thompson & J. Thompson  
**Decorations:** Barbara Bowman  
**Altar Servers:** See Fr. Scott Woods for scheduling.

**ST. PETER CLAVER: 301-872-5460 E-MAIL: ST.PETERCLAVER@VERIZON.NET**

**ST. MICHAEL SCHOOL: 301-872-5454; ST. MICHAEL CHURCH: 301-872-4321**

**CATHOLIC CEMETERIES: 301-475-5005 OR 301-932-1766**

**TELEVISED MASS: THERE IS A MASS TELEVISED FROM THE ARCHDIOCESE AT 10:30AM FOR ANYONE WHO IS UNABLE TO ATTEND ON SUNDAYS:**

**DISH OR DIRECT TV SUBSCRIBERS: CHANNEL 50 COMCAST: CHANNEL 23 IN SOMD**

**RCN: CHANNEL 15 VERIZON: CHANNEL 3 METROCAST: CHANNEL 8**

# *St. Cecilia Church*

## *The First Sunday in Lent*

### *March 1, 2020*



**Pastor:** Rev. Scott Woods

**Assistants:** Deacon Tony Sweeney  
Deacon Mark Kijesky

**Office Manager:** Liz Jenkins

**Staff Accountant:** Laura Lancaster    **Youth Leader:** Mark Mergner

**Address:** 47950 Mattapany Road, P.O. Box 429, St. Mary's City, MD 20686

**Phone:** (301) 862-4600    **E-Mail:** stcecilia@md.metrocast.net

**Website:** [www.stceciiliarcc.com](http://www.stceciiliarcc.com).

**Twitter:** @SaintCeciliaCh1

**Weekend Masses:** 4:30 pm Saturday Vigil and 8:00 am Sunday Morning

**Weekday Masses:** 7:30 am Monday through Friday

**Confession:** 3:00-4:00 pm on Saturday or by appointment

Please contact Fr. Scott to arrange for **marriage** or **baptism** preparation and scheduling.

**Food Pantry:** Monday *and* Thursday from 9:00am to 12:00pm

**Office Hours:** Monday, Tuesday, Wednesday and Friday, 8:30am – 12:00pm

**The office will be closed on Thursdays, Holy Days, holidays, and for bad weather.**

**What's Going on at St. Cecilia Church?**

**St Mary's College Campus Mass** – Sundays at 7:30pm in Cole Cinema

**Bible Study** – Wednesday evenings, meal at 7:00pm, study starts at 7:30pm. No Greater Love: A Biblical Walk Through Christ's Passion.

**Middle School youth group** – Tuesdays 6:00pm to 8:00pm at Immaculate Heart of Mary Church.

**Rosary** – Tuesdays at 6:30 pm at St. Cecilia in the church.

**High School Youth Group** – Fridays, 6:00pm at St. Cecilia Church.

**Holy Hour** – *St. Cecilia*: Sunday: 7:00am to 8:00am. Monday-Friday: 6:30am to 7:30am. *St. Peter Claver*: Saturday 7:00am to 8:00am.

**Last Chance Sunday Mass**: St. Michael's in Ridge at 6:00pm, St. Joseph's in Morganza at 6:00pm, and St. Mary's College Campus Mass at 7:30pm.

**Second collection**: There will be a second collection for the Poor Fund for the week of March 8<sup>th</sup>.

**The Lenten Vocations Tree** will be set up in the foyer. Please consider praying for a seminarian every day during Lent as part of your Lenten promise.

**Chicken Dinner on Sunday, March 8<sup>th</sup>**

\$12 A DINNER, 11:30-5PM

K.C. HALL, RIDGE, MD

BAKED GOODS AVAILABLE, 301-872-4641

**There will be choir practice for Lent and Easter** on Monday evenings at 6:30PM at St. Cecilia. All are welcome to join!

**The Confirmation Retreat** this year will be at Saint Peter Calver on March 28<sup>th</sup> at 8:00AM to 3:00PM.

**Please remember all who have asked for our prayers:** Gerald Adkinson, Virginia Alice, Bradley Anderson and Ernie, Kristin and Casey Austin, Judy and Jim Ballantine, Ivan Barnes, Joyce Bean, Dorothy Berry, Leon Briscoe, Cathy Bush, Carla and Adam, Annie Carroll, Ted Carroll, Francis Carroll, Mildred Carroll, Robert Carter, Steven Carter, Sr. Colleen Clair, Nancy Cotter, Debi Clark, Joey Cosgrove, Jack Cullison, Celia DeVoe, Erica Dingle, Ed Dishman, George E. Fenwick, Norman Fenwick, Eileen Garvey, Mary Glynn, Mary Jean Goldsborough, Mary Gorman, Hannah Gravelle, Mary Jane Hall, Jeff Harris Family, Baby Hancock, James Hensley, Larry Hobbs, John Jovan, Bambi Kwiatkoski, Lynn, John Lolli, Adam Lumpkins, Helen Lococo, Shirley D. Major, George Matthew, Dennis MacQuilliam, Helen Miarowski, Bill Morris, James Morris, Cecilia Plymale, Eileen Peterson, Angie Prucha, Bill Rayle, Don Robinson, Frances Reddix, Clarence Rose, Ellen Rose, Jacob Remis, ZaNiya G. Rice, Joel Rivera, Kimberly Sariago, Fr. Marco Schad, Tiny Taylor, John F. Thompson, Susan Windburn, William Woodland, Lisa, Donna Burriss, Elaine McNeil, Tara Sewell, Doris Rose Yates, James Young, Eva Butler, Francis Birch, Evan Beck, Michael Hammett Jr., Andrew Farrand, Joe Dziewit, Pauline Dziewit, Elaine Quickle, Nancy Cotter, and Pat Taylor. We thank God for the many people He has healed, bodies, minds *and* souls.

**† Please pray for the deceased of the parish †:** George Kohut (3/2/86), William Bean (3/5/14), Charles Carroll (3/6/66), Marian Veitch (3/6/96). May the souls of the faithfully departed, through the divine mercy of God, rest in peace.

Stewardship Report: February 23, Offertory \$2,854.00

*May God bless you for your unfailing generosity.*

**Mass Intentions this Week**

<b><i>Saturday</i></b>	<b><i>4:30 PM</i></b>	<b><i>For the intentions of our parishioners</i></b>
<b><i>Sunday</i></b>	<b><i>8:00 AM</i></b>	<b><i>For the peaceful repose of the soul of Pauline Thumm</i></b>
<b><i>Monday</i></b>	<b><i>7:30 AM</i></b>	<b><i>For the intentions of our parishioners</i></b>
<b><i>Tuesday</i></b>	<b><i>7:30 AM</i></b>	<b><i>For the peaceful repose of the soul of Pat Dunn</i></b>
<b><i>Wednesday</i></b>	<b><i>7:30 AM</i></b>	<b><i>For the peaceful repose of the soul of Ada Spelz</i></b>
<b><i>Thursday</i></b>	<b><i>7:30 AM</i></b>	<b><i>For the peaceful repose of the soul of Morgan Wootten</i></b>
<b><i>Friday</i></b>	<b><i>7:30 AM</i></b>	<b><i>For all of those who have been abused</i></b>
<b><i>Saturday</i></b>	<b><i>8:00 AM</i></b>	<b><i>Mass at St. Peter Claver</i></b>

**Lenten Food Drive:** During the season of Lent, the Lord calls us to share with those in need. Please consider donating some of the following items to the St. Cecilia Food Pantry.

**Hygiene Products** - toilet paper, paper towels, disposable razors, toothpaste, bars of soap, deodorant.

**Canned Meats** – tuna, sardines, canned beef hash, beef stew, spam, chicken breast, chili, etc.

**Fruit** – applesauce, peaches, fruit cocktail, etc.

**Soup** – chicken noodle, vegetable soup, etc.

**Vegetables** – peas, sliced/whole potatoes, greens (collards, spinach), baked beans. Please, no mustard greens.

**Canned Pasta** – ravioli, spaghetti, beef-a-roni, etc.

**Miscellaneous** – mustard (20oz), ketchup (24oz), mayonnaise (15oz), salt, vegetable oil, cereal, oatmeal, grits, peanut butter, jelly, complete pancake mix, syrup, stuffing mix, instant mashed potatoes, pork and beans.

**Bags should be brought to church and left in the vestibule by Easter Sunday, April 12<sup>th</sup>.**

**Join us this Lent at St. Peter Claver** for our Bible study, No Greater Love: A Biblical Walk Through Christ's Passion. Filmed on location in the Holy Land, No Greater Love is a Biblical pilgrimage that reveals Christ's amazing love for us. The study will be 5 consecutive Wednesdays starting March 4 through April 1. A simple soup and salad dinner will begin at 7:00pm and the study starts at 7:30pm. Please register this weekend by calling Fran Hawkins at 301-904-6514. Cost for the study pack is \$25.

**Golf Ball Drop**--Flat Iron Farm in Great Mills has generously offered to host this event for St. Michael's School. Saturday, May 9<sup>th</sup>. We hope to have all 2000 balls sold to make this a successful event. Tickets are \$100 each and winners can win up to \$50,000. You can purchase tickets now online at [www.smsgolfballdrop.com](http://www.smsgolfballdrop.com).

**The Confirmation Retreat** this year will be at Saint Peter Calver on **March 28<sup>th</sup>** at 8:00AM to 3:00PM.

***Pastor's keyboard:*** It is not too late to give something up for Lent! If you are struggling to find something, please look at the list below for some great ideas.

**Ideas for Penance or Prayer During Lent:**

- If you struggle with sloth: Only watch tv shows on Sundays
- If you struggle with isolation: Cold shower twice a week
- If you struggle with anger: 40 acts of kindness, one each day.
- If you struggle with sloth or pornography: Fast from internet after dinner or keep your phone away from your bed, on another outlet.
- If you struggle with bedtimes or sleeping in: Do the heroic minute” -- which is, as soon as your alarm goes off, you get on your knees and thank God for the new day. NO snooze button allowed.
- If you struggle with distraction during mass: Make a point to read the scriptures the day before you go to mass
- If you struggle with spending money and budgeting: Do you buy too many clothes? Spend too much on dinner out? Pick one type of expenditure that you'll “fast” from during Lent, and then give the money you would usually spend to a local charity.
- If you struggle with isolation: Talk to a close friend or family from back home twice a week
- Try a new spiritual practice-- daily mass, rosary, adoration, spiritual reading, the Divine Mercy Chaplet, 10 minutes of silent prayer, spiritual direction, etc.
- If you haven't gone in a while: Go back to confession!
- Social media: only use it on Sundays-- or not at all!
- Begin each morning on your knees, in prayer. When you go to bed, do the same.
- No internet browsing, unless it's for school or work. Or, set a timer and limit it to 10 minutes a day.
- 40 Days of Silence: No media, podcasts, music
- 30 minutes daily reading and praying with scripture (Lectio Divina)
- No caffeine

- Give yourself a set bedtime-- and STICK to it!
- No radio in the car
- Don't eat what you want (e.g. if you want waffles for breakfast, make eggs instead. Instead of drinking orange juice, drink water)
- Give something away every day (clothing, money, etc.)
- Read through a gospel/the gospels (pick a few lines or chapter each day, and stick with it)
- Abstain from complaining (and examine your conscience every night to check yourself on this)
- Abstain from interrupting or interjecting others (and examine your conscience every night to check yourself on this)
- Fast every day like it's Ash Wednesday (no meat; one normal meal, and two small meals that don't equal the normal meal)
- No sweets-- but offer up the sacrifice for a person every day
- No using the elevator, if you use it a lot
- Abstain from eating in between meals
- Abstain from video games
- Do an intense exercise
- Abstain from gossip (and examine your conscience every night to check yourself on this)
- Give up your pillow
- Give up alcohol
- Give up checking your phone if you're with other people
- Give up cream and sugar in your coffee
- Give up secular reading
- Listen only to music that lifts the soul up to God.